



Universal Array of Services: From Concept to Reality

Ken Berrick, President and CEO, Just Advocates

Karen Larsen, Chief Executive Officer, Steinberg Institute

Initiating Actions: California's Reimagined System of Care

Ken Berrick, Just Advocates
Karen Larsen, Steinberg Institute



California's Children and Youth Behavioral Health Ecosystem

- The Children and Youth Behavioral Health Initiative (CYBHI) serves as the core of Governor Newsom's Master Plan for Kids' Mental Health, and in response to the demand for an integrated system centered on the needs of children and families.
- Our current behavioral health system is under-serving families, lacking key resources, and structurally siloed.
- CYBHI provides the vision and groundwork for a reimagined, redesigned ecosystem of care, and offers a historical \$4.7 Billion investment to support fundamentally changing how our systems work.

Working Paper Overview

- Breaking Barriers led a multidisciplinary workgroup to develop the **Working Paper**, which describes the key components and functionality necessary to support California's Children and Youth Behavioral Health Ecosystem.
- This workgroup conducted **extensive research** and literature reviews and gathered input and recommendations from youth, families, and practitioners across communities and geographies.
- The **recommendations** in the Working Paper include a pathway of proven strategies for the creation of an integrated, accessible, and equitable system of care, providing a high-level framework and detailed recommendations to help operationalize implementation at local, regional, and state levels.

Critical Components

■ Workforce Development

- Expanding the size of all professions in the behavioral health workforce, including paraprofessionals and primary care physicians, is necessary to increase access to timely, local care, as well as decrease the risk of burnout.
- Acting to improve the cultural responsiveness and congruence of the workforce will help enable BIPOC and LGBTQIA+ youth to feel seen, heard, and understood, and help workers feel valued and fairly treated.
- Investing in career pipeline programs and including peer and other community defined supports in workforce development curricula can provide an effective expansion of the workforce long term.

■ Universal Array of Services

- Recommendation for a minimum array of comprehensive behavioral health services and programs for youth involved in or at risk of involvement in the child welfare system.

Workforce Training and Capacity

Wellness Coach Workforce (HCAI)

Trauma-informed Training for Educators (OSG)

Broad Behavioral Health Workforce Capacity (HCAI)

Early Talents (HCAI)

Universal Array of Services: From Concept to Reality

Ken Berrick, Just Advocates
Karen Larsen, Steinberg Institute



Universal Array of Services for Child Welfare Involved Youth and Youth at Imminent Risk of Involvement

- Visioning document to reflect stakeholder voices
- Partially driven by return of out-of-state youth in December 2020
- Significant disparity in services available to children/youth based on county
- Recent changes in behavioral health funding make it possible to fund a much broader array of services



Envisioning an Equitable Future:

COMPONENTS OF THE UNIVERSAL ARRAY OF SERVICES

- Prevention and Early Intervention
- Community-Based Supports
- Tiered Therapeutic Placement Options
- Crisis Services

Prevention and Early Intervention

- EARLY CHILDHOOD EDUCATION AND DEVELOPMENTAL SCREENINGS
- THERAPEUTIC PRESCHOOLS/ THERAPEUTIC PRESCHOOL CLASSROOMS
- K-12 WHOLE SCHOOL APPROACHES
- FAMILY RESOURCE CENTERS
- FAMILY SYSTEM THERAPIES TO PREVENT ADJUDICATION AND EXPEDITE REUNIFICATION
- DROP-IN CENTERS
- FAMILY URGENT RESPONSE SYSTEM (FURS)
- NONTRADITIONAL SUPPORTS
- FAMILY FINDING



Community-Based Supports

- OUTPATIENT AND INTENSIVE OUTPATIENT MENTAL HEALTH SERVICES
- INTENSIVE HOME AND COMMUNITY-BASED SUPPORTS
- SUBSTANCE USE DISORDER SERVICES

Tiered Therapeutic Placement Options

- THERAPEUTIC FOSTER CARE
- INTENSIVE SERVICES FOSTER CARE (ISFC)
- ENHANCED INTENSIVE SERVICES FOSTER CARE (E-ISFC)
- ENHANCED ISFC WITH 24/7 STAFFING
- SHORT TERM RESIDENTIAL THERAPEUTIC PROGRAM (STRTP)



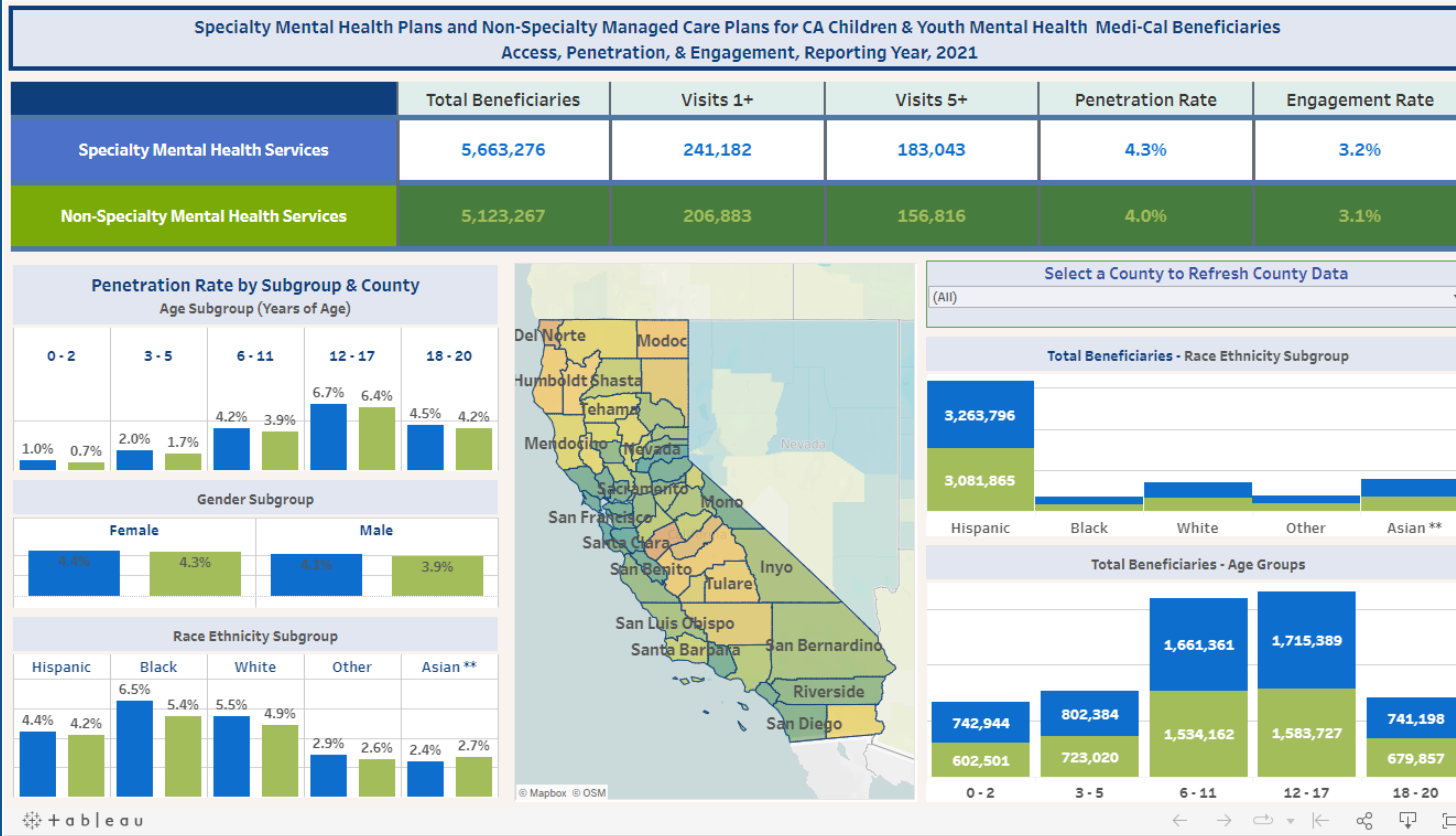
Crisis Services

- MOBILE RESPONSE TEAM (MRT) SERVICES
- CRISIS STABILIZATION UNITS (CSU)
- PARTIAL HOSPITALIZATION PROGRAMS (PHP)
- CHILDREN'S CRISIS RESIDENTIAL PROGRAMS (CCRP)
- PSYCHIATRIC HEALTH FACILITIES (PHF)



California Children's Trust: Summary of SMHS and NSMHS

[Data & Backgrounders – California Children's Trust \(cachildrenstrust.org\)](http://cachildrenstrust.org)



Key Facts:

- Medi-Cal enrollment is up by 30% due to both state and federal policy.
- Non-Specialty Mental Health Services grew significantly over the same period.
- Children's utilization and acuity have risen sharply across the state.
- Correspondingly, non-federal based revenues have increased.
- However, for children in foster care, penetration and access rates are flat or declining.

2021-2022: Policies and Initiatives Supporting the Array

- 84 BILLS focused on California's mental health and substance use systems

Including:

- Assembly Bill 988

- \$16.5 Billion for public mental health and substance use disorder services in California

Including:

- California Advancing and Innovating Medi-Cal (CaAIM) Initiative
- Children and Youth Behavioral Health Initiative (CYBHI)
 - Incorporation of Managed Care Plans (MCP)

Additional New Policies Supporting the Array

MENTAL HEALTH SERVICES ACT RESTRUCTURE

Allocation of Current MHSa Funding Categories

Current MHSa Funding Category	Examples of Types of Services/Activities	MHSa Revenue Allocation
Community Services and Supports	<ul style="list-style-type: none"> • Full-Service Partnerships • Outpatient Treatment • Crisis Intervention • Wellness Centers • Housing Services • Capital Facilities • Workforce and Training • Deposits Into Prudent Reserves 	76 percent
Prevention and Early Intervention	<ul style="list-style-type: none"> • School-based Services • Outreach to Older Adults • Suicide Prevention 	19 percent
Innovation Programs	<ul style="list-style-type: none"> • Technology Integration • Holistic Care 	5 percent

MHSa = Mental Health Services Act.

Allocation of Proposed MHSa Funding Categories

Proposed MHSa Funding Category	Examples of Types of Services/Activities	MHSa Revenue Allocation
Full-Service Partnerships ^a	<ul style="list-style-type: none"> • Assertive Community Treatment • Substance Use Disorder Treatment • Employment Services 	35 percent
Housing Interventions	<ul style="list-style-type: none"> • Rental and Operating Subsidies • Family Housing for Children and Youth <p>50 percent must be for individuals who are chronically homeless.</p>	30 percent
Behavioral Health Services and Supports	<ul style="list-style-type: none"> • Early Intervention • Adult, Older Adult, and Youth Focused Services • Capital Facilities • Deposits Into Prudent Reserves <p>Majority must be for early intervention.</p>	30 percent
Population-Based Mental Health Substance Use Disorder Prevention	<ul style="list-style-type: none"> • Population-wide reduction in mental health disorders • Suicide or Overdose Prevention <p>Population-based prevention programs cannot include the provision of services to individuals.</p>	5 percent

^aUnder the proposal, housing services provided to Full-Service Partnership participants would be counted under the Housing Intervention category.

MHSa = Mental Health Services Act.

Source: <https://lao.ca.gov/Publications/Report/4782>

Additional New Policies Supporting the Array

■ OPEN-ENDED ACCESS TO PREVENTATIVE SERVICES

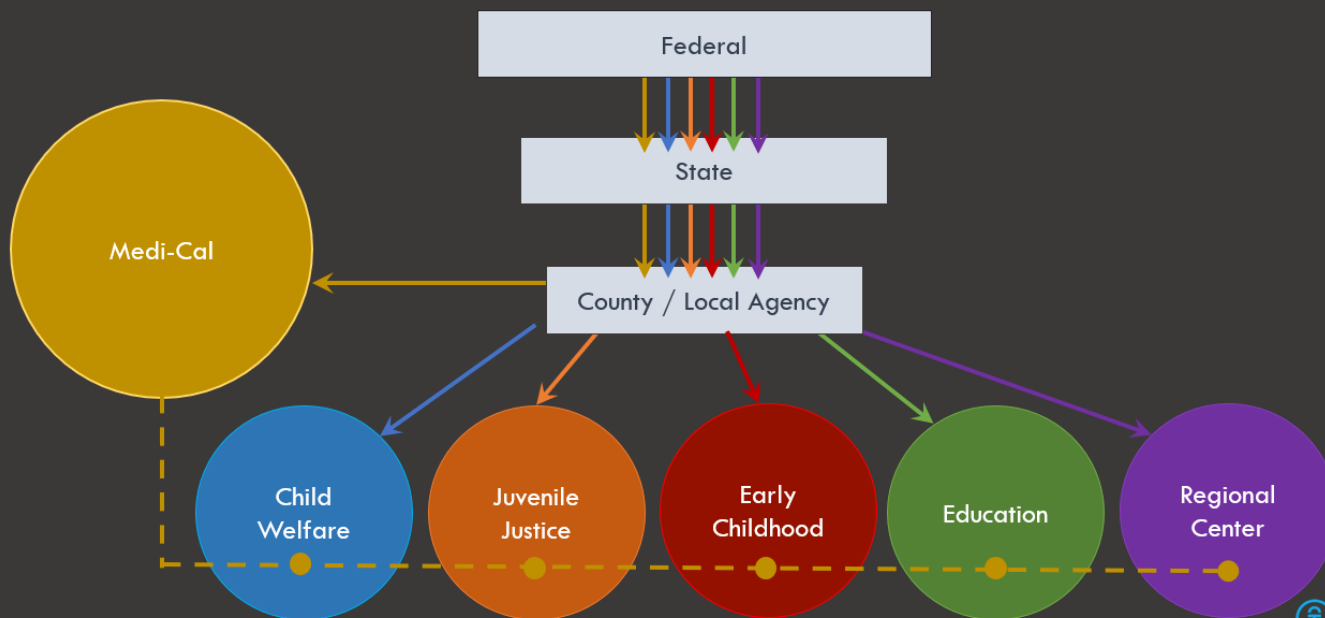
A broader delivery system supporting coverage for students across California, creating a sustainable funding source for school-provided or school linked behavioral health services.

*Statewide **Multi-Payer Fee Schedule** for reimbursement of school-linked behavioral health services from (as applicable):*

- *Commercial plans, for all included services*
- *Medi-Cal MCPs, for included mental health services*
- *Medi-Cal County Behavioral Health Plans, for included Substance Use Disorder (SUD) services*

Discussion

MEDICAID AS THE TIE THAT BINDS FRAGMENTED SYSTEMS



**How do
we all
work
together?**

Thank You

Ken Berrick, Just Advocates
Karen Larsen, Steinberg Institute