



# PANEL: Envisioning, Designing, and Building a County-wide Well-Being System

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# Envisioning, Designing, and Building a County-wide Well-Being System



**Breaking Barriers Symposium 2023**  
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# San Diego Catalysts for Change:

**Peter Blanco** – Regional Director, California Department of Rehabilitation

**Lori Clarke, MA/MFT** – Co-Director, SDSU Social Policy Institute

**Jennifer Cannell Pyle, MSW** – Child Welfare Specialist Supervisor, ICF

**Kimberly Giardina, DSW, MSW** – Director, Child and Family Well-Being Department,  
County of San Diego Health & Human Services Agency

**Kate Kinnamont** – Associate Executive Director, San Diego Regional Center



# San Diego Prevention Story



**Pre-Summit: 1990-2019**



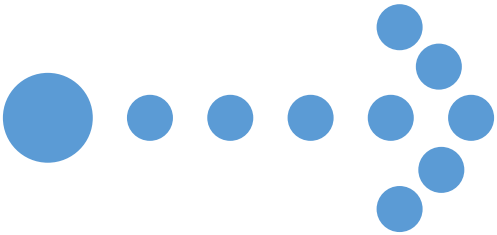
**Prevention Summit 2019**

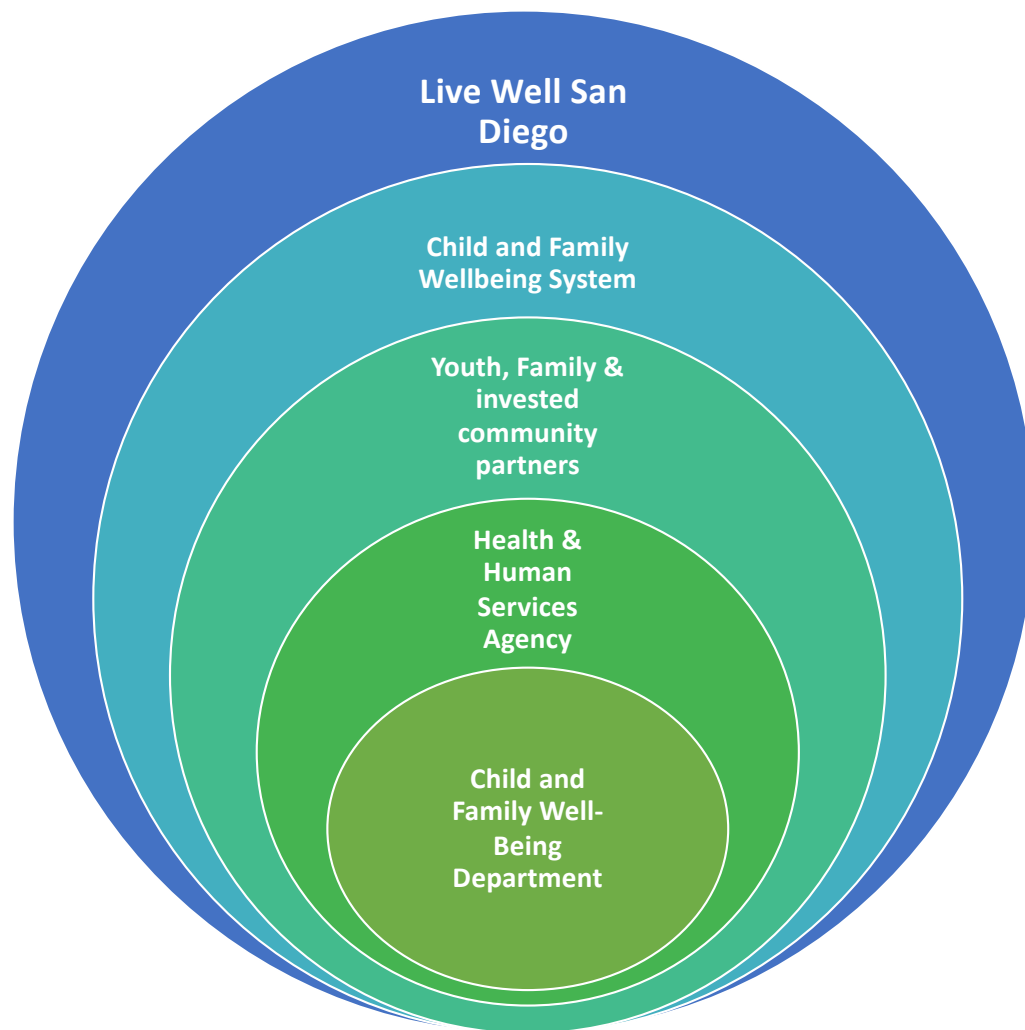


**Partners in  
Prevention: 2020-2025**



**USA's 1<sup>st</sup> Child & Family  
Well-being Department**





# Well-being Context





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## Prevention Definition

Families thrive in a *connected community* that enhances and restores nurturing and responsive relationships and environments. It involves aligning impact on multiple levels so that all *children* are safe and cherished, all *families* are nurtured to build up protective factors, and *systems/structures* create equitable pathways to wellness. For Partners in Prevention, the focus is on primary prevention. Our shared approach will reflect the innovation required to meet the evolving priorities and needs of children, families and communities.

# Interagency Leadership Team Mission



To create an Integrated Child, Youth and Family Wellness System of Care so all San Diego children, youth and their families receive equitable, accessible, and culturally/developmentally appropriate services/supports to increase wellness.

- *Provide an integrated continuum of services and formal/informal supports to meet the needs of children who have complex care issues.*
- *Provide highly coordinated, integrated, and innovative practice approaches that includes wellbeing services and supports to youth to achieve permanency, wellbeing, and valued/successful adulthood.*
- *System Partners affirm a mutual commitment to ICPM shared values,*
- *Utilize feedback from the Interagency Placement Committee (IPC) to share trends, address service/placement gaps, identify systemic barriers preventing timely placement and services, develop and strengthen collaborative authority, and highlight cross system success.*



# ILT Framework



Adaptive  
Leadership to  
Guide  
Transformation

Build Capacity  
to Achieve the  
Vision

Partner  
Authentically  
with Families  
and Community

Well-being  
Metrics





# ILT Projects

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- Crisis Continuum
- Capacity-Building
- Fiscal Workgroup



# Crisis Continuum Proposal



In partnership with the **California Department of Social Services (CDSS)**, the County of San Diego has been selected to participate in the five-year Children’s Crisis Continuum Pilot Program (CCCPP). CCCPP provides a framework to fully integrate the system of care for foster youth enabling a seamless transition between service setting and to provide stabilization and treatment to foster youth with high acuity needs within the least restrictive setting possible.



# Crisis Continuum Overview



- The pilot seeks to reduce the number of youth that require psychiatric hospitalization or who have negative law enforcement interactions by providing placement stability, intensive services and coordinated care.
- The CCCPP will identify 16 Intensive Services Foster Care homes for pilot youth and provide intensive services such as in home therapeutic services, wraparound, mentoring, etc.
- Care coordination will occur to ensure that communication and seamless service delivery occur for each pilot youth.



# Crisis Continuum Collaborative Partnerships



- Child and Family Well Being
- Behavioral Health Services
- Juvenile Probation
- San Diego Regional Center
- San Diego County Office of Education
- Tribal partners
- Department of Rehabilitation
- San Diego Center for Children



# Capacity Building Funding Survey Findings



- Medi-Cal/ Specialty Mental Health Services (MC/SMHS) do not adequately meet the needs of foster care population with complex needs
- Limited availability:
  - for complex needs of youth identified as LGBT.
  - of respite care services
  - of Intensive/Special Health Care Services
  - of applied behavioral analysis services.
  - for children/youth with complex needs of Substance Use Disorder (SUD)
  - of MC/SMHS Therapeutic Foster Care (TFC)
  - of Intensive/Special Health Care Services
- Some availability of occupational therapy
- Some level of coordination with all system partners to ensure families are supported and provided services to meet needs of child in care.



# Capacity Building Proposals



- 1. Developing a Professional Foster Parent Model**
- 2. Grossmont College Foster and Adoptive Kinship Care Education (FAKCE): Resource Parent Coaching and Support Program: Resource Parent Placement Support Specialist**
- 3. Incentive payments for STRTPs with Co-occurring Enhanced Services Programs**
- 4. Incentives for Foster Family Agencies (FFA) who recruit resource families, especially Therapeutic Foster Care (TFC) and Intensive Services Foster Care (ISFC), for youth with complex care needs**
- 5. Funding to Foster Family Agencies to provide support to relative caregivers**
- 6. Expand access to Neurosequential Model of therapeutics (NMT) recommended interventions, brain mapping, and trauma informed psychoeducation for those in the system of care.**



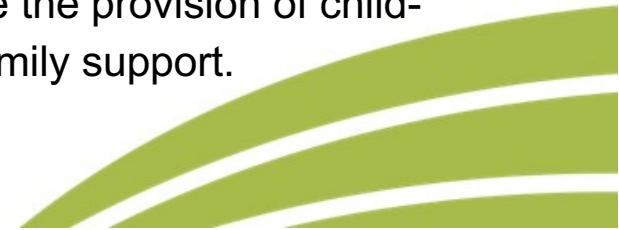
# ILT Fiscal Workgroup



**Purpose of the Fiscal Workgroup:** Identify ways we can better work across systems to share funding so that children and families can receive the resources and services they need.

## Goals:

1. Develop an awareness of System Partner's fiscal structure, available funding resources, flexibility, and limitations.
2. Include fiscal and budget experts from System Partners in collaborations to inform financial decisions and identify opportunities to braid funding for innovative solutions.
3. Exhaust all available system resources that can meet the needs of children, youth, and families.
4. Identify reasonable cost sharing responsibilities to support the provision of timely and seamless services.
5. Braid available funding resources, when allowable, to maximize the provision of child-centered services and delivery of effective and efficient child-family support.



# ILT Fiscal Workgroup Start-up



- Secure an outside Subject Matter Expert to co-facilitate planning and coordination of fiscal efforts, and to provide unbiased direct assistance when needed.
- Develop template to capture key fiscal information from each partner:
  - *Funding drivers, population of service, funding limitations, whether funding is federal or allowable match, unexpended allocations, uncapped entitlement and associated share of cost, and any pertinent threat or opportunity.*
- Each partner presented their fiscal information during initial monthly meetings.
- Continued to meet monthly to keep building momentum, keep current on each other's finances, and to start work on pilot projects identified by the ILT Team.
  - *What is each partner's role, what sources of funding does each partner have to support their role, and is there a way to leverage more services or more funding through partnering together?*
- Once pilot is mapped out, ILT Fiscal will document each partner's financial piece including how funding is braided/blended/leveraged, so there is a clear audit trail







# Comprehensive Prevention Planning

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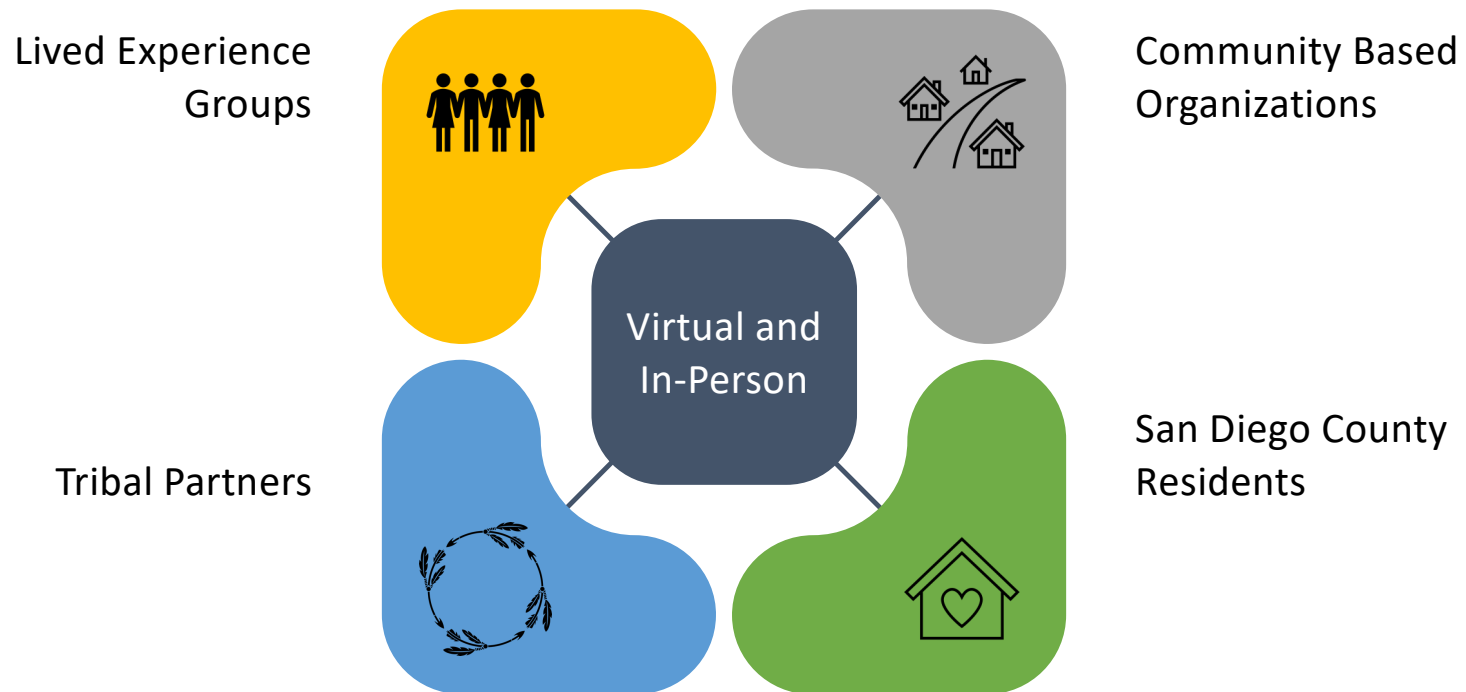


# Partners in Prevention Project Vision

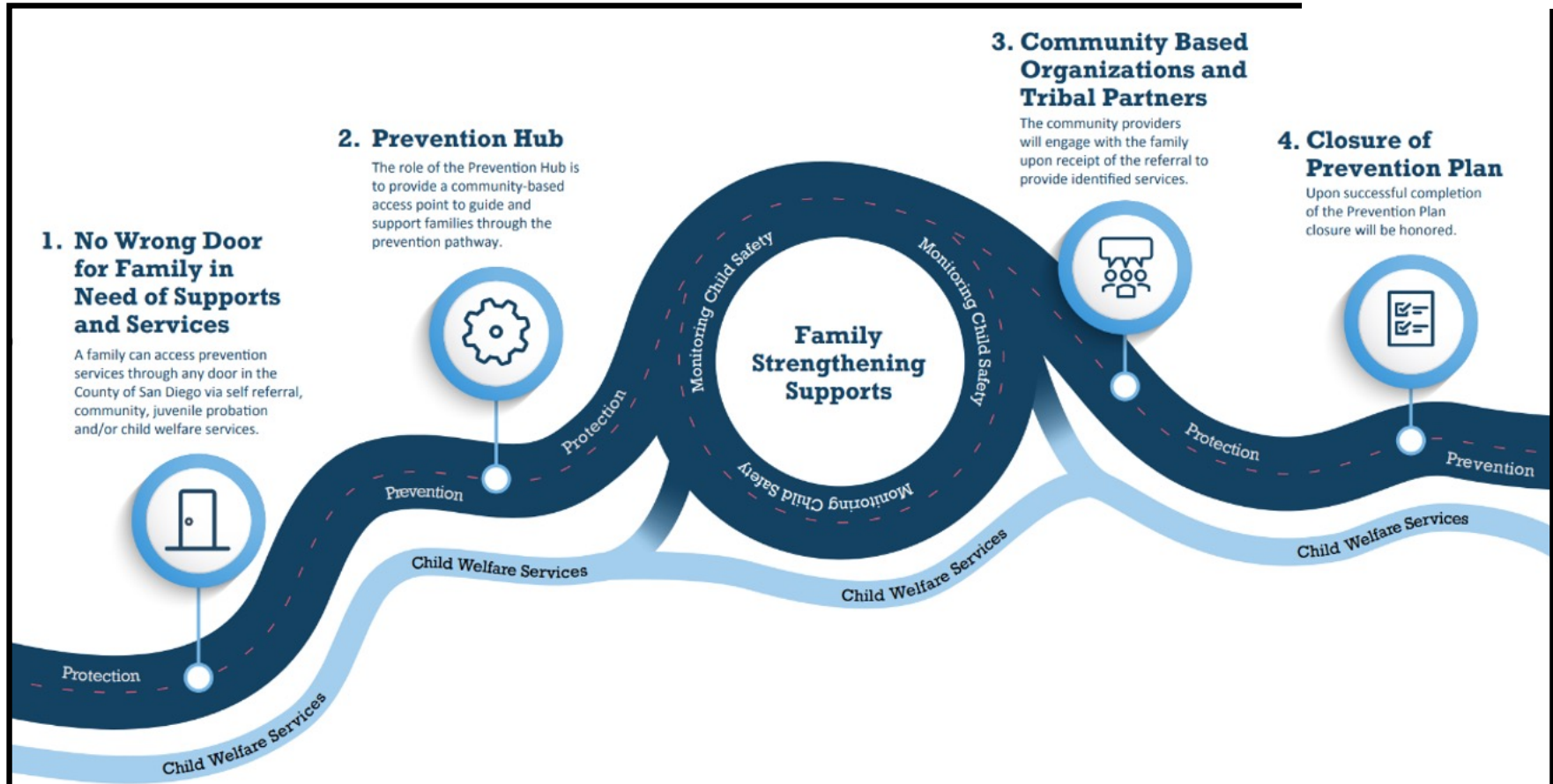
*To cultivate a connected community that nurtures caring, strong, safe and healthy families*



# Community Engagement



# Prevention Hub Pathway





# Child and Family Well-Being Department

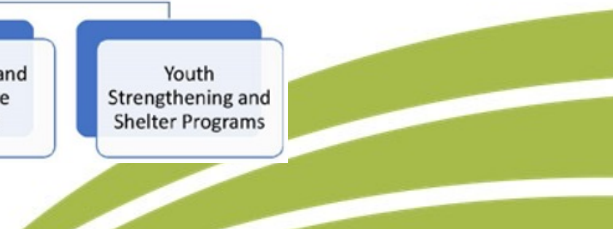
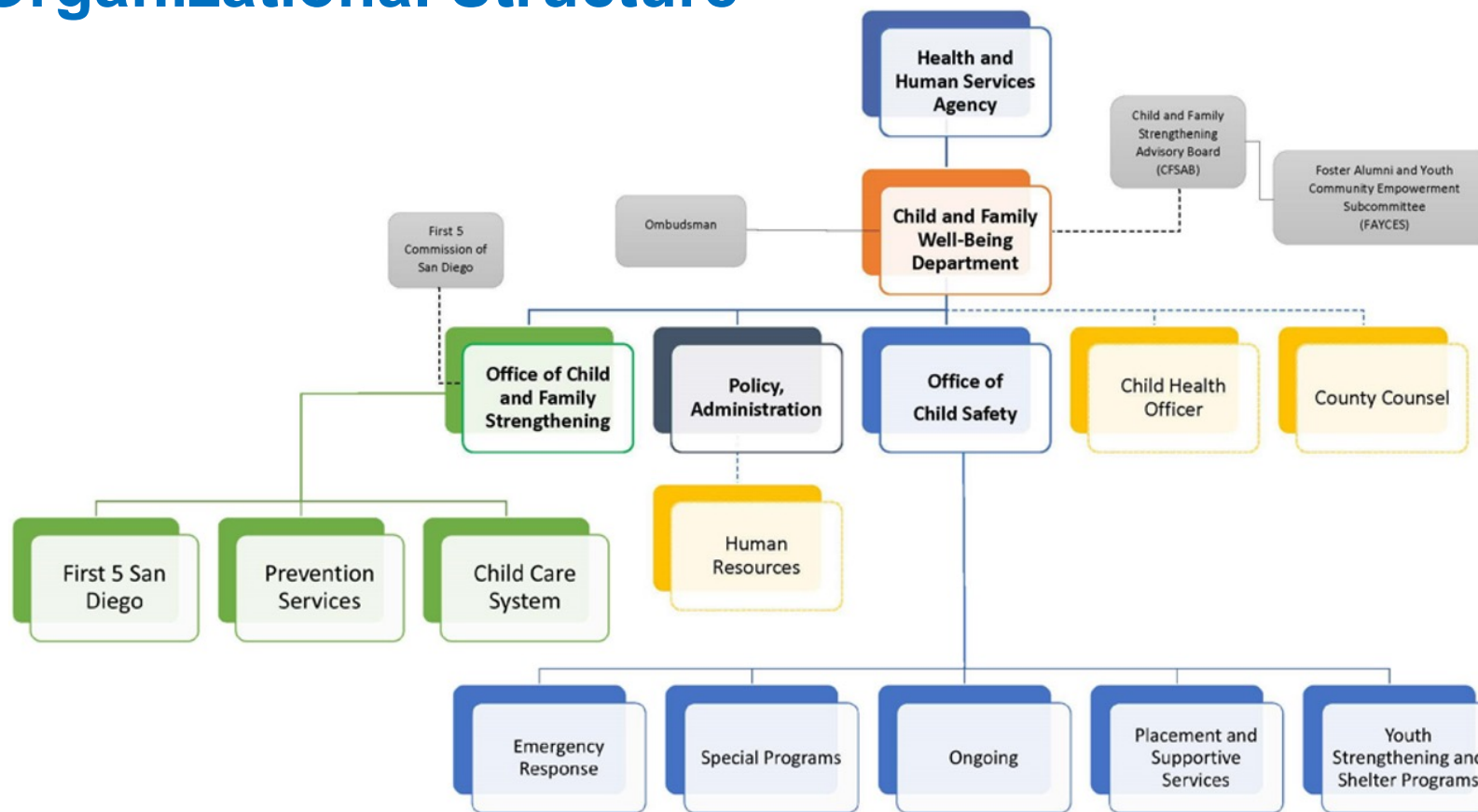
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# Creating the Structure: Family Strengthening Focus



# Child and Family Well-Being (CFWB) Organizational Structure



# Key Initiatives





# Lived Experience Framework



## GUIDING PRINCIPLES





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# Racial Equity Framework

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Inventory and Preparation

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Assess and Explore

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Develop a Plan

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Implement and Scale Up

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Build Culture and Capacity





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## Ongoing Integration of Child and Family Serving Systems

- Create training opportunities for service providers
- Consolidate collaborative meetings
- Ease navigation of services for families



# Ongoing Alignment

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- Community Schools
- Regional Health Teams
- HOPE Framework
- Family Voice



# Community Schools - San Diego County Office of Education's North Star



SDCOE'S  
*NORTH  
STAR*



**Curb Cut**  
The Culture

**Transformational  
Teaching  
and Learning in  
Community  
Schools**  
The Strategy





## What is a Community School?

- **A community school strategy** transforms a school into a place where educators, local community members, families, and students work together to strengthen conditions for student learning and healthy development.
- As partners, they organize in- and out-of-school resources, supports, and opportunities so that young people thrive.



# Alignment with SDCOE



# Regional Health Care Teams



- Build capacity and increase knowledge for our staff
- Continue to improve the cross systems collaboration
- Build a structure around this group who are already “well-acquainted and cut our teeth trouble shooting for our complex needs youth.”
- Identify solutions that are congruent with the hierarchy of needs for the youth/family (Maslow’s Hierarchy of Needs)
- Identify trends –what is happening and what can we change?





# SDSU: A HOPE Inspired University

**Vision:** Students, Faculty, Staff, and Administration become catalysts of HOPE in their families and professional lives.



## Four Building Blocks

**Relationships:** Cultivate supportive relationships for students, staff, and faculty

**Social and Civic Engagement:** Develop a sense of belonging for students, staff, and faculty

**Safe, equitable, stable environments:** Assess SDSU for safety, equity and stability for students, staff, and faculty

**Emotional Growth:** Ensure access to resources, programs, and supports for the social, emotional, and mental well-being of students, staff, and faculty





## Parent & Youth Voice and Choice

- Co-Design
- Compensation
- Power “with”, not “power over”
- Gain perspective directly and often

# Resources



County of San Diego Child Welfare  
[Child Welfare Services \(sandiegocounty.gov\)](https://sandiegocounty.gov)

County of San Diego Comprehensive Prevention Plan  
[San-Diego-CPP-Addendum-merged-final-version-6.8.2023.pdf \(caltrin.org\)](https://caltrin.org/San-Diego-CPP-Addendum-merged-final-version-6.8.2023.pdf)

County of San Diego Child Care Blueprint  
[San-Diego-County-Child-Care-Blueprint.pdf \(sdchildrenfirst.org\)](https://sdchildrenfirst.org/San-Diego-County-Child-Care-Blueprint.pdf)

Partners in Prevention  
<https://www.ymcasd.org/community-support/childcare-resource-service/partners-prevention>



# QUESTIONS?



# THANK YOU

